

The FRISKUS-group



A model of co-operation
about leisure time and
culture of disabled persons.

Has increased the freedom of choice and selection
Has resulted in an increased integration
Has promoted to an
added knowledge and better treatment

The FRISKUS-group in Malmoe has since 1994, by different contributions, worked for increasing the quality of life to disabled persons.

The focus has been to enrich their leisure time by offering increased possibilities not least a freedom of choice!

The first few years were much about sports and outdoor games which later were supplemented with cultural recreational activities.

A number of various projects have been carried out which has totally resulted in the fact that:

- approximately 700 persons were educated in disablement science and treatment (primarily municipal personnel and leaders of associations).
- roughly 1000 children and young people have been given the possibility to try different recreational activities. Of those were approximately 350 integrated in what is called “general associations”.
- in Mall one has a strong development today which will entail that leisure time choices of these children and young people may be guided by their own interest, not the group affiliation.

How did it start and how it has been developed?

The task of the group began with the FRISKUS-project (leisure time, social and cultural co-operation). This project was formally completed in 1997 when our model of co-operation has been developed. The work was continued with the following intentions and aims:

1. To create a leisure time’s aid of assistance base
2. To create opportunities for the turnout of disabled children and young people at The School of Culture and those associations and educational associations that are having cultural activities.
3. To continue keeping the FRISKUS-group together with its different parts, control group, consultative group and contacts along with further developing of the activity.
4. To find a structure that may function in the municipality of one’s own financial resources.
5. To continue the educational activeness in disablement science, treatment, attitudes and “trying activities”.

This is now attained and the work continues!

By means from the municipality the group can carry on the activities in the form of meetings, education, days devoted to a particular theme or topic and “trying activity”.

A leisure time’s aid of assistance depot is to be found where one can rent different facilities of leisure time chiefly adaptable bicycles of different kinds.

A project together with The School of Culture, educational associations and associations one has the possibility to participate in a number of varying cultural activities today.

How is the group organized today and what are the tasks?

The FRISKUS-group is now consisting of one control group and one consultative group. The consultative group consists of a network of contacts from associations and educational associations. Today the main task of the control group is to apply for means, plan and organize education, “test days” and other contributions.

The task of the consultative group is to back up the control group in different ways and act as a “sounding board” to effect and develop the different contributions.

The FRISKUS-group may give advice and support (not financially) to associations which want to start new activities for disabled persons. A few examples are Bunkeflo IF's (football) and MAI's (athletics school) efforts into children with DAMP or mental retardation. These projects are an integration that really entails altered attitudes and increased understanding!

Through the group's collected resources we have a broad recruitment base where one may reach many different groups of children and young people.

It is important to create opportunities for disabled persons to be able to participate in recreational activities on the same conditions as others and that is based on their interest and capacity, not on guided activities!

Our model of co-operation forms the basis of distribution which has taken place in Scania. The most important matter is to find forms of collaboration which is built on available resources without prestigious but with constructive share and an unbounded joint action.

The FRISKUS-group is a group of co-operation that is composed of representatives of Children and youth rehabilitation, Local authority leisure and recreation department, OMS-Fritid and HISO (the co-operation organization of disability sport).

In our consultative group there are representatives of the work and activities of an association.

If You need more information, You are welcome to:

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